

PERSONAL WORSHIP JOURNAL

Date: _____

Text: _____

Pray briefly, asking God to give you love for Him and joy in Him. Rest in His love for you through Christ.

"Thank you for choosing and adopting me."

"Open my eyes that I may see wonderful things in your law"

"Give me a fresh conviction of sin."

"Give me a fresh reminder of how Jesus has met my need."

Read the text. (If a large passage, focus on 1 or 2 verses or truths)

Ask questions of the text. Write **observations**. What do I see? *What are key words or phrases? Why did the author say this? What do I learn about God? What do I learn about myself? What don't I understand? How is God beautiful?*

Interpret the passage. What does it mean? Slow down and **meditate** to determine main truth. Paraphrase in your own words. *What do I need to repent of? What is God calling me to believe? How am I to respond to God or others? How does the passage impact me? (What feelings or desires does it create?)*

I will confess and repent....

I will believe....

Summarize how you will **apply** the passage to your personal life. What will I believe and what will I do?

By God's grace I will

Engage with God in **PRAYER**. (Here are two suggested options)

(1) A.C.T.S

ADORATION

Spend time praising and adoring God for who He is and what He has done.

CONFESSION

Spend time confessing sins of the mind, heart, mouth and hands.

THANKGIVING

Spend time thanking God for His provision, protection and promises.

SUPPLICATION

Spend time praying for yourself, family, others and the lost.

(2) Lord's Prayer

"Our Father in heaven, hallowed be your name."

Worship, honor and cherish God.

"Your kingdom come, your will be done on earth as it is in heaven."

Submit to God's will and pray for His kingdom.

"Give us this day our daily bread."

Pray for specific needs for you and others.

"And forgive us our debts, as we also have forgiven our debtors."

Confess your sins.

"Deliver us from the evil one so that we may not be led into temptation."

Ask to be delivered from evil and for God's power.

The Gospel Prayer

"Father, in Christ, there is nothing I can do today that would make you love me more; and nothing I have done that makes you love me less."

"Father, your presence and approval are all I need for everlasting joy."

"Father, all you have been to me, so I will be to others."

"Father, as I pray, I'll measure your compassion by the cross and your power by the resurrection."